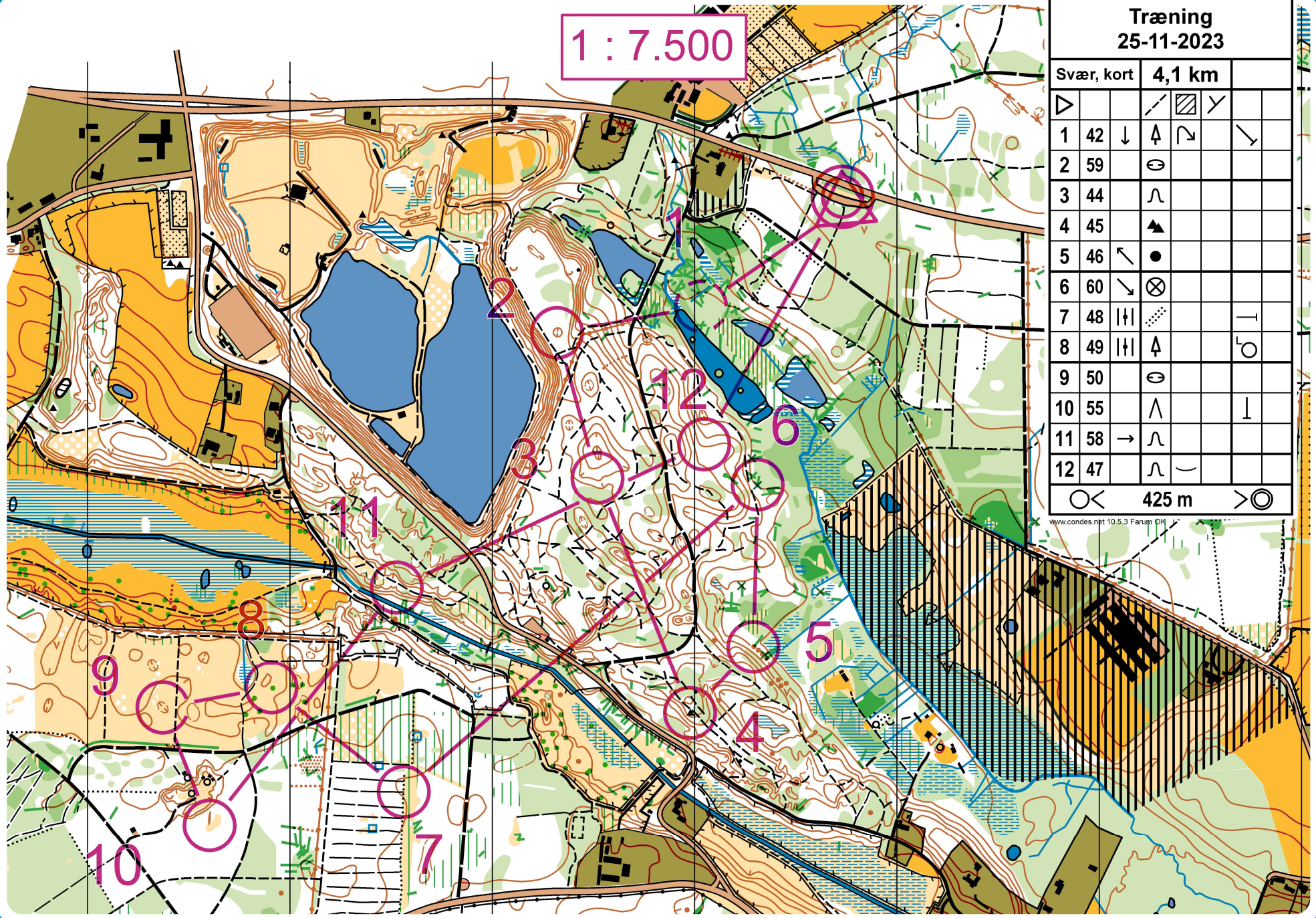


1 : 7.500



**Træning**  
**25-11-2023**

Svær, kort	4,1 km			
1 42	↓	↑	↶	↷
2 59		⊙		
3 44		∩		
4 45		▲		
5 46	↙	●		
6 60	↘	⊗		
7 48		⋯		┆
8 49		↑		⊖
9 50		⊙		
10 55		∧		┆
11 58	→	∩		
12 47		∩	┆	

○◁ 425 m ▷○

www.condes.nbt 10.5.3 Farum OK